

Title:

Behavioural analysis of football coaches within a training session throughout different performance levels in adult category.

Annotation:

The aim of this diploma thesis was to analyse the behaviour of football coaches in the male category and establish the differences in behavioural patterns of coaches between higher and lower leagues. We used coaches throughout eight different leagues and tested them with ASUOI (The Arizona State University Observation Instrument) plus an additional questionnaire. The coaches were compared according to the testing outcome and the behaviours were assessed by comparison to theoretical coaching background which has been elaborated within this paper.

Keywords:

Football, training session, training, coach, behaviour, ASUOI (The Arizona State University Observation Instrument).